



PSHE

How can Parents Help?

At Kentmere we recognise the key role that parents and carers play in supporting children through their personal development and the emotional and physical aspects of growing up. We encourage parents to engage and discuss matters that have been raised through PSHE. We actively encourage parents to join us on Sunshine Days where they will discover first-hand the way that PSHE is taught at Kentmere and gain an insight into the key issues addressed.

Website links to support learning.

BBC Bitesize Key Stage 1 and 2—<https://www.bbc.co.uk/bitesize/subjects/zmpfb9q>

[CBBC's stay safe](#) on line. Test your internet safety knowledge with Hacker, listen to some

Stay Safe songs with Helen Skelton, News Kids On the Block and Bobby Lockwood and get some tips from the Horrible Histories gang.

[Kidsmart](#), learn about the internet and being a SMART surfer; plus lots of good sites for children. <https://www.childnet.com/>

[Safety Net Kids](#), all things to do with keeping safe.