



Subject Information



Soaring to success

PSHE Early Years

“Children’s personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development.” (Statutory Framework for the Early Years Foundation Stage)

In the Early Years Foundation Stage, PSHE is referred to as personal, social and emotional development. This area of your child’s learning is concerned with wellbeing – knowing who you are, where you fit in and feeling good about yourself. It is also about developing respect for others, social skills and a positive attitude to learning.

Personal, Social and Emotional Development (PSED) is a prime area of learning and is particularly important for building a foundation for learning across the curriculum, forming relationships and thriving. These attributes form a secure platform from which children can achieve at school and in later life.

In EYFS, children are taught PSHE through discreet lessons, often based around a story. Children discuss key issues and are taught to:

- Work and play cooperatively and take turns with others
- Form positive attachments and friendships
- Show sensitivity to others’ needs
- Show an understanding of their own feelings and those of others, and regulate their behaviour accordingly
- Have a positive sense of self and show resilience and perseverance in the face of challenge
- Pay attention to their teacher and follow multi-step instructions.

This is underpinned through work in the areas of provision where children are supported by adults to form relationships with others, play cooperatively, take turns and understand their own and others’ feelings. They are also encouraged to be proud of the work they produce and develop their confidence in trying new activities.