

# Kentmere Academy and Nursery

## Physical education Policy 2016 - 2019



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## 1. Mission Statement

We are proud to be a happy, diverse and inclusive school where everybody matters.

Helping to challenge inspire and motivate each other.

Aiming high, achieving excellence.

Promote and value excellent progress.

Positive contributions to the school and wider community. YOU

CREATE YOUR OWN FUTURE!

## 2. Rationale

P. E enables children to learn confidence, perseverance, team spirit and organisation. We believe that children must engage in a programme of P.E that encourages fitness, improves their strength, suppleness, stamina and teaches those rules of games and an understanding of how to perform to an audience. This allows pupils to gain a sense of achievement and develop positive attitudes towards themselves and others.

## 3. Aims

- To be physically active and find enjoyment in physical activity.
- To acquire and develop a variety of physical skills to promote a healthy lifestyle and posture.
- To suggest how one's own performance and that of others can be improved and find a sense of achievement and fulfilment.
- To acquire knowledge and understanding of fitness and health.
- To understand the need for safe practice in physical activities for self and equipment.
- To develop spiritual, moral, social and cultural awareness through competitive and co-operative activities.

## 4. Inclusion

In the planning and teaching P.E teachers will have due regard for the following principles:

- All children have access to the P.E curriculum including the nursery and reception.
- Set suitable and age appropriate learning objectives through careful planning of physical activities.
- Respond to individual's diverse learning needs and abilities.

## 5. Curriculum Reception, Key Stage 1 and 2

- Fundamental movement skills
- Gymnastic activities
- Games
- Dance
- Athletics
- Multi Skills including Target Games

### Key Stage 2

- Net/wall games
- Invasion games

- Outdoor adventure activities
- Striking and Fielding
- Swimming

We aim to provide a well-balanced curriculum which covers the statutory requirements for the Early Years Foundation Stage (EYFS) and the PE National Curriculum.

In the Reception Class (EYFS), opportunities are provide for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Structured lessons and opportunities for outdoor physical activity amount to at least two hours each week which includes continuous provision in EYFS.

Pupils in both KS1 and KS2 engage in two hours of high quality PE during the course of each week. In KS1 the curriculum builds on the fundamental movement skills of agility, balance and co-ordination taught in EYFS. Curriculum content includes ball skills and team games, gymnastic and dance activities. At KS2 pupils continue to apply and develop a range of skills and units of work include a range of invasion, net / wall, and fielding and striking games, gymnastics, dance, athletics, swimming and outdoor and adventurous activities.

### 5.1. Planning

- The curriculum map (see 5.2) shows the long term plan, medium term planning is done for each unit of work using a range of resources to support progression across the curriculum including: TOP sport resources and the Val Sabin PE Scheme.
- Best practice is where staff plan together to ensure progression in skills.

### 5.2 Curriculum Map

The curriculum is organised over a 2 year cycle. See appendices 1-4.

### 5.3 Swimming

It is the Rochdale Policy that all children should swim by the age of twelve. Therefore, swimming lessons are compulsory for all children. At Kentmere, children learn swimming in Years 3 to 6 with qualified swimming teachers. Where children are not allowed to take part in swimming a doctor's note must be provided. Rochdale guidelines recommend appropriate swimwear i.e. a one piece costume for girls and trunks (not shorts) for boys.

### 5.4 Timetabling

In the event of wet weather, the children who were timetabled to do outdoor PE will still participate in a PE lesson using a variety of resources. E.g. Take 10, Speed Stacking, Table Tennis.

## 6. Safeguarding

All adults working with children in school are to be checked for appropriate DBS clearance. This includes coaches working for a term at a time as well as staff working on a one off basis or with clubs. The responsibility for this lies with the Safeguarding team. Induction procedures are carried out before any activities by the School Business Manager. Children in Year 5 and 6 are not expected to change together, but will always be under supervision.

## 7. Out-of-School-hours Learning (OSHL)

Our extra-curricular programme complements and supplements the range of activities covered in curriculum time. The planned programme for 2015/2016 reflects a breadth and balance across the NC areas of activity, including games and Gymnastics. We participate a range of interschool fixtures, tournaments and festivals within the Rochdale School Games Partnership (RSGP). At the beginning of each term, we publish a documented timetable of clubs. The extra-curricular content aims to be varied – including competitive and non-competitive and team- and individual based clubs appropriate for all pupils.

### 7.1. Representative teams

The school is fully committed to providing competitive opportunities for its pupils. School teams will be selected on ability and attitude, at times some pupils may forego an entitlement to represent the school, should their behaviour or attitude be causing concern. Whilst we encourage and celebrate children's attendance at clubs, school understands that not every child is able to attend a club on a particular evening, therefore children attending clubs will not be given preferential treatment when selecting teams.

## 8. PE Kit

At Kentmere Academy we are continually looking at our PE kit to try to make it something that the pupils are happy and proud to wear. We are also mindful of the cost of PE kits.

Please be aware that all pupils will be expected to change into PE kit, even though they may not be taking part in the lesson as they are ill or injured. Children not participating will carry out observational and evaluative activities.

Children not participating in the lesson will be given a task to complete based on the lesson delivered and / or used to collate multimedia evidence.

The PE department has a kit for those who have genuinely forgotten their kit on a one off basis to allow participation in lessons. **Key Stage 1**

Compulsory	Optional
<ul style="list-style-type: none"><li>• White T-Shirt</li><li>• Black Shorts/Track Suit Pants/ Black leggings</li><li>• Black/White Sports Socks</li><li>• Black Pumps</li><li>• Outdoor Trainers</li></ul>	<ul style="list-style-type: none"><li>• Black Rain Jacket</li><li>• Maroon PE Hoodie</li></ul>

## Key Stage 2

Compulsory	Optional
<ul style="list-style-type: none"><li>• White T-Shirt</li><li>• Black Shorts/Track Suit Pants/ Black leggings</li><li>• Black/White Sports Socks</li><li>• Black Pumps</li><li>• Outdoor Trainers</li></ul>	<ul style="list-style-type: none"><li>• Black Rain Jacket – not to wear in PE</li><li>• Maroon PE Hoodie</li></ul>

For indoor PE the children are expected to participate in bare feet, and wear T-shirt and shorts only (black leggings optional). For outdoor PE in winter, the children may wear warmer clothing, should it be necessary, at the discretion of the teacher.

### 8.1 Jewellery

Jewellery is not allowed at school. Children who have had their ears recently pierced should bring tape from home to tape over the earring. Teachers must not remove earrings or take responsibility for the safe keeping of valuables. All watches must be removed. Hair should be tied back at all times, where a child comes without a bobble, they will be given one by a member of staff.

## 9. Health and Safety

### 9.1 Risk Assessments

- All areas of the PE curriculum are risk assessed annually and shared with all staff. If any training needs arise e.g.; manual handling, this will be arranged by the Head teacher.

### 9.2 Resources

- The site manager will inspect the outdoor area each morning for hazards.
- The teacher is responsible for ensuring apparatus is correctly erected and safe. Children should not move equipment without supervision.
- The teacher should ensure that there are no hazards in the hall during PE.
- Children must not be responsible for the P.E equipment cupboard and must not enter the cupboard unsupervised.

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### 9.3 Classroom Management

- Children should be encouraged to work quietly to ensure total concentration and control during apparatus and physical activities.

#### 9.4 Accident reporting

- Any accidents should be reported to the first aid co-ordinator in school and to the Head teacher and it must be recorded in the accident book.

### 10. PE Resources

- It is the responsibility of all members of staff to keep the PE cupboard tidy, putting back equipment where the labels are.
- Equipment must be put back into the cupboard at the first available opportunity.
- Gymnastics equipment must be returned to the areas indicated in the hall.
- The subject coordinator will audit PE resources each summer term.
- Teachers should let the PE Manager know of any equipment or resources needed to teach PE skills that are not already available.

### 11. Assessment

- Teacher's assessment through observation forms the basis of assessment for PE.
- Staff will use AFL to teach at the point of learning, in order to ensure that all children are making progress.
- Lesson evaluations and assessments are completed after each lesson to inform future teaching and at the end of every unit of work. This assessment is against a set of clear objectives and outcomes linked with the new curriculum.
- The end of unit assessments clearly identify those children who are exceeding or not meeting the lesson objectives and outcomes identified in the units of work.
- The outcomes of these assessments will be passed onto the next teacher in order to inform and adapt planning accordingly. It will be monitored by the PE Coordinator in order to monitor standards and formulate any future actions.
- It is the expectation that each teacher uploads a video from each unit of work to show attainment and achievement in order to moderate standards across the school.
- The use of photographs also provides a valuable assessment tool, each teacher will collect photographs in their class throughout the year to show progress.

### 12. Monitoring and Evaluation

- The PE Coordinator has a formal monitoring and evaluation schedule which is available to all staff on the SEF Cycle 15/16.
- Regular monitoring and observations of PE lessons and plans to be undertaken by the PE Manager throughout each academic year and used to inform CPD needs.

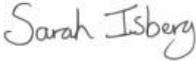
### 13. CPD

Kentmere Academy is fully committed to keeping its staff fully aware of new developments in the National Curriculum and ensuring that lessons are safe and active and that the standards of teaching and learning is always good or better.

- Every two years, the staff will complete an audit detailing their competency and confidence in delivering the PE curriculum. The PE Coordinator in conjunction with the CPD planner will formulate a plan which is costed out and keep evaluative records to ensure value for money.
- As part of RSGP, the school is able to access CPD including NQTs. These opportunities will be highlighted to all staff and records kept of those attending and any impact as a consequence.

#### 14. Review

The PE Policy will be reviewed by the PE Coordinator every 2 years and presented to the SLT and Governing Body for approval.

Signed:  Sarah Isberg (headteacher)

Date: March 2017

Agreed by the Governing Body: April 2017

Review March 2019

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