



Soaring to success

P.E. How are Children Taught?

Children receive 2 hours of PE a week. PE lessons have been mapped out by the Senior Leadership Team (SLT) and follow the National Curriculum objectives. Each half term, we have an outdoor PE unit and an indoor PE unit, which are taught 1 hour each. These PE units link with our topic for the half term where possible but are also planned to alongside key events in the year, such as teaching Athletics in the run up to Sports Day. Where these links cannot be made, PE is taught discretely. Within each phase, children have at least 1 unit of Gymnastics, Dance, Striking and Fielding, Target Games, Invasion Games, Athletics and OAA. In EYFS and KS1, children also focus on fundamental movement skills and in KS2, children additionally focus on Health-Related Fitness.

The PE subject leader has mapped out the knowledge and skills for every PE lesson throughout the school, which ensures that learning is progressive, sequential and worthwhile, to ensure the spiral model of the PE curriculum recaps and builds on previous lessons effectively. Enrichment in the form of athlete visits, taster days, inter school competitions and intra school competitions feature regularly throughout every academic year to support the teaching of PE, which builds resilience, ambition and achievement in this subject.