



Soaring to success

Forest Schools How are Children Taught?

At Kentmere at the moment we run Forest school sessions for Nursery, Reception and KS1. The Forest school leader plans sessions to build on individual learner's needs and interests also planning activities to learn new skills and to build on them.

Each session begins with the children assessing the current weather, season to ensure they are wearing the appropriate clothing (e.g. waterproofs, trousers and wellington boots in wet weather) the children help to gather resources and carry them to the Forest school area.

We meet at the fire circle and talk about our current feelings, any changes taking place and what they did and enjoyed doing during the previous session.

We play a game which develops their listening skills, understanding of rules and boundaries and working in pairs or as part of a team.

The forest school leader then explains the activity and models any skills to be learned, for example, how to tie knots, tool talk and how to use and store tools safely. The children are then given time able to explore the area to develop their own interests.

At the end of the sessions we meet at the circle to have a drink and a snack and to share our feelings at the end and sharing what they have been doing during the session.

The children then help to pack away the equipment and materials they have been using and help to return the Forest school, area to the state in which they found it.

The forest school leader has mapped out the key knowledge and progression of skills for each year group to ensure learning is progressive from year group to year group.