

Kentmere Academy and Nursery

Drug education and management of drug related incidents policy



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1. Introduction

This policy was produced using guidance from 'DfE and ACPO Drug Advice for Schools' (2012) and advice from the Government's 'Drug Strategy' (2010). Our PSHCE curriculum takes objectives from The Rochdale LA Guidance 'Talking Drugs' and acknowledges the work and training given by Early Break and The Healthy Lifestyles Team lead by Sue Astin. Staff, Governors, the Police and Parents were invited to be involved in the process of writing the policy. Copies are shared via the Learning Platform and are stored on the school 'T' drive. Hard copies can be requested from the school office. (ACPO – Association Chief Police Officers)

2. A statement of the school ethos and the context for drug education

This document is a statement of the aims, principles and strategies for Drugs Education at Kentmere Academy and Nursery. The policy is closely linked to our PSHCE policy, Health and Safety policy, Behaviour policy and child protection guidelines.

Schools alone cannot solve the problem of drug misuse, but an effective programme of Drugs Education in schools can be an important step in tackling it. There are many influences on children and young people and pupils, including those in primary schools; children are likely to be exposed to the effects and influences of drug abuse in the wider society.

Throughout this document the term 'drug' refers to all substances, legal and illegal, and includes medicines, caffeine, tobacco and alcohol.

3. Substances covered by this policy are:

- Volatile (sniffable) substances e.g. petrol, poppers (alkyl nitrates) butane gas & aerosols
- Over the counter medicines e.g. paracetamol or cough medicines
- Prescription medicines e.g. tranquillisers, amphetamines, anabolic steroids
- Alcohol
- Tobacco
- Other legal drugs like caffeine, which may produce hyperactivity in some children
- Illegal drugs e.g. cannabis, ecstasy, heroin, cocaine, LSD, amphetamine sulphate and prepared magic mushrooms

4. Premises / School Boundaries

This document applies to the primary school and guidance remains consistent when pupils and staff are out of school on a visit, sports trips, residential visits, or travelling on school transport.

5. Policy Statements

Tobacco

This school is a non-smoking environment and has a smoking policy in place.

Alcohol

Alcohol is not allowed on school premises at any time during school hours, during term time. In the event of a social function being arranged e.g. for a fund raising activity, alcohol may be permitted with prior consent of the Strategic Management Team and Governing Body.

Medicines

The school follows Rochdale & Bury Local Authority guidelines on the management of medicines in school. The school has a strict policy which is follows.

Illegal, Illicit Drugs and Solvents

This school will not condone the use, misuse, preparation or supply of any illegal, illicit or legal substance, which is likely to damage health, on any part of the school premises by any member of the school community.

6. Aims and objectives of the drug education programme

Drug education will be delivered as part of the wider Personal, Social and Health Education and Citizenship programme with well-defined links to the Science Curriculum. We will provide a range of opportunities and experiences for pupils to develop attitudes, values and skills and to gain knowledge to help them to:

- Improve their self esteem
- Make informed choices and decisions
- Develop personal initiative and be able to take responsibility
- Have the skills and opportunities to manage taking risks
- Recognise personal skills and qualities in themselves and others
- Maintain and develop relationships
- Develop self confidence
- Develop assertiveness in appropriate situations
- Develop the motivation to succeed
- Develop knowledge on all types of substances, which is age appropriate, honest, accurate and not based on fear arousal techniques.

Inclusion and meeting the needs of all pupils are key issues.

7. Consultation and ongoing involvement with pupils, parents and the wider school community

Giving pupils the opportunity to be involved in and consulted about health issues and PSHCE programmes is part of the process of helping children to learn about the principles of democracy and to play a positive part in their community. It contributes to the school's provision of Citizenship education and ensures more effective programmes and policies. The school consults with children on health and other issues through circle time, the School Council and general class discussion. The school recognises that parents will be extremely concerned about their children's potential involvement with drugs or alcohol. We will ensure that parents are kept fully informed about the school's drug and alcohol education programme. They are entitled to access the drug policy and file at all times. Mrs Isberg will be responsible for reporting to Governors.

8. Involvement of outside speakers

Research from HMI and others concludes that in the primary school Drugs Education is best delivered by the class teacher who knows the pupils, the ethos of the school and the PSHCE programme (rather than by an 'expert' outside speaker). Visiting speakers may fulfil a valuable role, but their input must be properly planned. If appropriate and necessary, the class teacher is responsible for organising speakers and checking quality of the delivery. Class teachers should remain present for any lessons or discussions with outside agencies.

9. The Management of Drug Related Incidents

• Roles & Responsibilities

The Headteacher is naturally the first point of contact on drugs related incidents; however it should be recognised that Drug Education is a whole school issue involving teaching and non-teaching staff alike. Should the Head not be available, the PSHCE co-ordinator (N.Howard) and Deputy Head (C.Booth) would be contacted.

• Responding to an incident

The school follows the LA Guidance "Talking Drugs" on assessment, responses, sanctions and emergency procedures. All incidents involving drugs, alcohol and tobacco, will be dealt with in a firm and caring manner by the school.

It is important that members of staff remain professional when dealing with incidents and respect the confidentiality of any children involved.

• Contacting Parents

In the event of a pupil being involved in a drug related incident, parents will normally be contacted immediately. However, if the school considers a child to be "at risk" as a result of any disclosure, they reserve the right to involve another outside agency.

Suspicion/evidence a young person is intoxicated due to alcohol or substance misuse

In all cases of suspected substance misuse, the health & safety of the pupil will be paramount. If there is any doubt about a pupil's wellbeing, emergency procedures will be instigated immediately.

Once the pupil's immediate needs have been addressed the Headteacher, nominated governor and schools drug co-ordinator will make a full assessment of the situation and co-ordinate a response.

Suspicion/evidence an adult is intoxicated due to alcohol or substance misuse

If an adult is found to be intoxicated and in charge of a child/children, Safeguarding procedures must be followed. In the instance of an adult not directly in charge of a child/children, they will be asked to leave or escorted off the premises. All of the above instances will be reported to the Headteacher.

Child suspected of possession or involvement with substances

If a child is suspected of, or proved to be directly involved with an incident concerning substance misuse (including, alcohol, tobacco or illicit or illegal substances), the school, after a full assessment has taken place, will make a decision with regard to support and possible sanctions.

• **Support:**

In cases where a pupil has been identified as having an involvement with drugs, a referral will be made to Early Break, the drug & alcohol service for young people.

EARLY BREAK 0161 797 0108

• **Parental involvement in drug or alcohol misuse**

The school will work with other agencies to support pupils and parents and has a designated teacher (Mrs Howard) who will deal with the problems that might arise with the children of problem drug users.

• **Self review, monitoring, training and evaluation**

The school is committed to providing effective drug education and recognises the importance of monitoring and evaluating the programme. The PSHCE co-ordinator monitors through planning scrutiny, pupil feedback, discussions with staff and parents. Assessments can be carried out by the class teacher via draw and write activities like 'Jugs & Herrings', quizzes and by using the 'Assessment for Learning' techniques such as 'The Big Picture'.

Teachers can gain further advice and training by visiting the Early Break website www.earlybreak.co.uk or 'Talk to Frank' www.talktofrank.com/drugs

Alternatively they can access training provided by the authority (The Real Trust) and CPD co-ordinator Mrs S. Isberg/Miss C. Grantham. Further information and advice is available below. Policy Review

Date: September 2017

Kentmere Academy & Nursery Drug Education Foundation and Key Stages 1 and 2

Years 1 and 2

Attitudes

- Valuing oneself
- Valuing one's body and recognising its uniqueness

Skills

- Describing feelings – feeling poorly or well
- Identify who are appropriate adults and when and how to get help
- Following simple instructions

Knowledge & Understanding

- Basic information about how the body works.
- What are medicines and what form do they take: liquid, tablet, cream and spray.
- Why do we use medicines?
- Who should give us medicines? – Parent/carer, doctor, chemist/pharmacist, hospital nurse.
- How do we take medicines safely? – Follow instructions, read the label.
- How do we look after medicines? – Storage, disposal.
- Are medicines safe? – All medicines are drugs and can be dangerous if not used properly.
- Are all drugs medicines? – Alcohol, tobacco, coffee have drugs in them.
- What are the effects of alcohol & tobacco?
- Some substances in the home and school can be dangerous if touched sniffed or tasted.
- Some substances in school at home or in the garden are called chemicals and can be harmful.

Safety

Know:

- how to store and use drugs safely at home and at school;
- not to touch anything that is sharp, dirty or that there is uncertainty about; • what to do and where to go for help if a substance is found;
- how to contact Emergency Services – dialling 999.

Years 3 & 4

Attitudes

- Valuing myself and other people

Skills

- Making decisions
- Talking to adults about drugs
- Following simple safety procedures
- Handling conflict

Knowledge & understanding

- More detailed information about how the body works • Who prescribes medicines?
- Rules for medicines
- Which common substances are drugs? – Alcohol, tobacco over the counter medicines and caffeine
- Which products contain caffeine and what are its effects?
- What are the effects of these substances?
- What are the school rules about medicines, alcohol, tobacco and solvents?
- What is the law on alcohol, tobacco and solvents?

Safety

Know how to:

- contact Emergency Services – dialling 999.
- take responsibility for oneself and others

Keeping Safe

- get help if a substance or syringe is found.

Years 5 & 6

Attitudes

- Value self and other people.
- Identify and assess risk.
- Make decisions, coping with peer pressure and other influences including the media.
- Be assertive.
- Follow basic first aid and safety procedures, including the recovery position.
- Handle conflict.

- Take responsibility for self and care for others.

Knowledge and Understanding

- More detailed knowledge about the risks and effects of alcohol, tobacco and cannabis.
- What are the school rules about medicines, alcohol, tobacco, solvents and illegal substances?
- Brief information about other legal and illegal substances, including poppers, magic mushrooms, amphetamine.
- What is the law regarding these substances?
- Where to go to get help and advice about drugs issues.

Safety

Know how to:

- Administer basic first aid
- Get help when required.

Useful Organisations

Addaction is one of the UK's largest specialist drug and alcohol treatment charities. As well as adult services, they provide services specifically tailored to the needs of young people and their parents. The Skills for Life project supports young people with drug misusing parents. www.addaction.org.uk

ADFAM offers information to families of drug and alcohol users, and the website has a database of local family support services.

Tel: 020 7553 7640 Email: admin@adfam.org.uk Website: www.adfam.org.uk

Alcohol Concern works to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems.

Tel: 020 7264 0510. Email: contact@alcoholconcern.org.uk

Website: www.alcoholconcern.org.uk

ASH (Action on Smoking and Health) A campaigning public health charity aiming to reduce the health problems caused by tobacco. Tel: 020 7739 5902 Email: enquiries@ash.org.uk Website: www.ash.org.uk

Children's Legal Centre operates a free and confidential legal advice and information service covering all aspects of law and policy affecting children and young people. Tel: 01206 877910 Email: clc@essex.ac.uk Website: www.childrenslegalcentre.com

Children's Rights Alliance for England - A charity working to improve the lives and status of all children in England through the fullest implementation of the UN Convention on the Rights of the Child.

Email: info@crae.org.uk Website: www.crae.org.uk

Drinkaware - An independent charity that promotes responsible drinking through innovative ways to challenge the national drinking culture, helping reduce alcohol misuse and minimize alcohol related harm. Tel: 020 7307 7450 Website: www.drinkaware.co.uk/

Drinkline - A free and confidential helpline for anyone who is concerned about their own or someone else's drinking. Tel: 0800 917 8282 (lines are open 24 hours a day)

Drug Education Forum (DEF) - A forum of national organisations in England which provide drug education to children and young people or offer a service to those who do.

Tel: 020 7739 8494 Website: www.drugeducationforum.co.uk

DrugScope is a centre of expertise on illegal drugs, aiming to inform policy development and reduce drug-related risk. The website includes detailed drug information and access to the Information and Library Service. DrugScope also hosts the Drug Education Practitioners Forum.

Tel: 020 7520 7550 Email: info@drugscope.org.uk Website: www.drugscope.org.uk

FRANK is the national drugs awareness campaign aiming to raise awareness amongst young people of the risks of illegal drugs, and to provide information and advice. It also provides support to parents/carers, helping to give them the skills and confidence to communicate with their children about drugs. 24 Hour Helpline: 0800 77 66 00

Email: frank@talktofrank.com Website: www.talktofrank.com

Schools can receive free FRANK resource materials, updates and newsletters by registering at <http://ddshl.broadssystem.com/freeleaflets.aspx>

Mentor UK is a non-government organisation with a focus on protecting the health and wellbeing of children and young people to reduce the damage that drugs can do to their lives.

Tel: 01509 221 622. Email secretariat@mentorfoundation.org

Website: www.mentorfoundation.org

National Children's Bureau promotes the interests and well-being of all children and young people across every aspect of their lives.

Tel: 020 7843 6000 Website: www.ncb.org.uk

Family Lives - A charity offering support and information to anyone parenting a child or teenager. It runs a free-phone helpline and courses for parents, and develops innovative projects.

Tel: 0800 800 2222 Website: <http://familylives.org.uk/>

Re-Solv (Society for the Prevention of Solvent and Volatile Substance Abuse)

A national charity providing information for teachers, other professionals, parents and young people.

Tel: 01785 817885 Information line: 01785 810762 Email: information@re-solv.org Website: www.re-solv.org

Smokefree - NHS Smoking Helpline: 0800 169 0 169

Website: <http://smokefree.nhs.uk>

Stars National Initiative offers support for anyone working with children, young people and families affected by parental drug and alcohol misuse.

www.starsnationalinitiative.org.uk

Directgov Young People can help young people with information and advice on issues relating to health, housing, relationships with family and friends, career and learning options, money, as well as helping young people find out about activities they can get involved in. <http://www.direct.gov.uk/en/YoungPeople/index.htm>

Youth Offending Teams – Local Youth Offending Teams are multi-agency teams and are the responsibility of the local authority, who have a statutory duty to [prevent offending by young people under the age of 18.
<http://www.justice.gov.uk/global/contacts/yjb/yots/index.htm>

Signed:  Sarah Isberg (headteacher)

Date: July 2017

Agreed by the Governing Body: July 2017

Review September 2019

