



Examples of the clubs Kentmere Academy and Nursery provide and the benefits that they have to offer:

Musical Theatre

- Develops coordination, concentration and memory
- Trains the brain in language and reasoning
- Increases maths and spatial scores
- Enhances creativity
- Improves communication and social interaction skills

Yoga

- Develop body awareness
- Learn how to use their bodies in a healthy way
- Manage stress through breathing, awareness, mediation and healthy movement
- Build concentration
- Increase their confidence and self-positive image
- Feel part of a health, non-competitive group

Scout-fit

Scoutfit is a great club for children of all ages. Promoting confidence, balance and independence, the children have a great time riding scooters in a safe environment.

Times Tables Rockstars

Times Tables Rockstars makes learning times tables much more enjoyable. Children are more motivated and enthusiastic to learn the multiplication facts. Regular practice means children show significant improvements in both the speed and the accuracy of answers.

Dodge Ball

Dodgeball is a great game to get involved in at school. Whether playing, leading or coaching, Dodgeball has something to offer everyone. Dodgeball can support excellent PE skills to develop the fundamentals of Agility, Balance & Coordination in all children. Dodgeball is also a great team sport and teaches children the importance of working together to achieve a common goal. Through the transferable core skills of throwing, catching, running, jumping, dodging and blocking children can soon excel at a sport that is totally inclusive. Children at Kentmere love to play Dodgeball, we enter lots of competitions throughout the year and Dodgeball is always a firm favourite.

Energy Club/ PE Basic Skills/ Team Games

These clubs are designed to encourage children to join in sporting games, in an informal, friendly club that allows them to explore different sporting activities. It is aimed at increasing the confidence of children so that they can become active and join in with sports both at school and home.

Creative writing

In Creative Writing club, children stretch their imaginations whilst engaging in self-expression. Not only is it great for building upon our writing skills and confidence, but also for our wellbeing. We are able to build upon our empathy and communication skills through developing characters and settings. Finally, by completing writing exercises on a regular basis we are able to develop our organisational skills.

Gymnastics/ Move and Make

Not only does these club improves Behaviour, self-confidence and social skills they also:

- Develop co-ordination
- Strengthen muscles
- Improve creativity
- Improve fine motor skills

Art Club/Collage Club

Art is fun for the children allowing them to get creative and express themselves. Children learn to develop their fine motor skills which then improves the quality of their handwriting in class, as well as their hand/eye coordination. Regular attendance improves decision making, strengthening the children's problem-solving skills. Working on different projects can improve accountability and enhance learning in all subject areas.

Kentmere Radio

- Improves children's vocational skills
- Develop better communication
- Improves literacy skills
- Builds self-confidence
- Gives students a voice
- Promotes cooperation and teamwork

Story Club/Communication Club

Not only do these clubs promote a feeling of well-being and relaxation they:

- Increase children's willingness to communicate thoughts and feelings
- Increase verbal proficiency
- Encourage use of imagination and creativity
- Encourage cooperation between students
- Enhance listening skills

Singing Club

- Improved self-esteem
- Improved listening skills
- Relieves stress and improves wellbeing
- Increases maths skills
- Trains the brain in language and reasoning
- Improves communication and social interaction
- Enhances creativity
- Encourage cooperation between pupils

Computing/ Coding

- A better understanding of computers and software
- Opportunities to collaborate with peers, working in project teams, and participating in group learning activities
- The ability to develop problem solving skills which transfer into other lessons

- Prepares children for the ever-changing world of ICT

Football

- It improves a child's social skills
- Develops positive self-esteem
- Builds cooperation
- Creates Greater focus for the child
- Promotes teamwork and sharing
- It is a great way to meet people and make friends
- Academic success
- Teaches discipline